




Organizer:

 Hessen's Sports Acrobatics Association
 Raiffeisen Str. 31
 64139 Pfungstadt / Germany

July 2008

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Rules and Regulations



14th. International Youth Sports Acrobatics Meeting Baunatal, Germany

20.05.2009 - 24.05.2009

Organizer	Hessen's Sports Acrobatics Association Raiffeisen Str. 31 64319 Pfungstadt / Germany http://www.hsav.de												
Competitions	 Team evaluations of the nation or association  Individual evaluations in each discipline												
Disciplines	W2 – Womenspair M2 – Menspair MX – Mixedpair W3 – Womensgroup M3 – Mensgroup trio M4 – Mensgroup of 4												
Team evaluation	Each team consists of 4 starts. Out of 4 starts the best 3 results will be added up. 2 disciplines can be occupied twice. (eg. 2xW2 und 2xW3). Double starts are only possible within one team. No double starts if two teams are announced. Each nation / association can register 2 teams consisting of following disciplines: pair and group. Only the front runner team will go into evaluation.												
Individual evaluation of the disciplines	Following disciplines are in the finals after the team evaluation: <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">Starter</th> <th style="text-align: left;">Participants for the finals</th> <th style="text-align: left;">Numbers</th> </tr> </thead> <tbody> <tr> <td>More than 12</td> <td>Place 1-8</td> <td style="text-align: center;">8</td> </tr> <tr> <td>up to 11</td> <td>Place 1-6</td> <td style="text-align: center;">6</td> </tr> <tr> <td>up to 3</td> <td>Place 1-3</td> <td style="text-align: center;">3</td> </tr> </tbody> </table> <p>Only two participants/formations from each international, national and regional federation can only qualify for the finals. A double start is not allowed in the discipline evaluation. The exercises from the preliminaries will be shown in the finals. Where there are less than 2 participants in one discipline a score of at least 22.500 points must be reached (75% of 30 points).</p>	Starter	Participants for the finals	Numbers	More than 12	Place 1-8	8	up to 11	Place 1-6	6	up to 3	Place 1-3	3
Starter	Participants for the finals	Numbers											
More than 12	Place 1-8	8											
up to 11	Place 1-6	6											
up to 3	Place 1-3	3											
Awards Ceremony	Team evaluation <ul style="list-style-type: none">  Each team will receive a certificate with their score. Teams which place first to sixth will receive a trophy. Sportsmen/women of the team which place first to third will receive a medal. Discipline evaluation <ul style="list-style-type: none">  Each sportsman/woman will receive a participation certificate. In the finals, places 1-8 in their respective disciplines will receive a certificate with their score. In every discipline, sportsmen/women placed 1-3 will be medaled. 												

Competition Program	<p>The competitions will be carried out according to the HSAV (Hessen's Sports Acrobatics Association) Youth program 2008 guidelines.</p> <p>The difficulty value of static elements of pairs and groups may not exceed the double difficulty of the dynamic elements and vice versa, the difficulty of dynamic elements may not exceed the double difficulty of static elements. Maximum 3 identical starts or national positions are allowed.</p> <p>Exceptions:</p> <ul style="list-style-type: none"> ✚ One sportsman/woman within one team may start in maximum two different disciplines. ✚ Elements which are not listed in the youth class catalogue and are shown will be cancelled. 1.0 points will be taken off as penalty. ✚ Elements of the youth catalogue which are not marked on the exercise sheet and are exercised will also be penalized with 1.0 points being taken off. ✚ In dynamic elements (dismounts) the top must be secured by his partner. ✚ Combinations of balance elements are allowed. Transformations in a different category are here possible. Combinations of balance or dynamic elements and vice versa are permitted. 																		
Age limit	<p>6 to 18 years of age. The age difference may be maximum 8 years between the oldest and the youngest sportsman/woman according to birth cohort.</p>																		
Evaluation	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;">Technical mark</td> <td style="text-align: right;">10,0</td> </tr> <tr> <td>Artistic mark</td> <td style="text-align: right;">10,0</td> </tr> <tr> <td>Difficulty mark</td> <td style="text-align: right;">10,0</td> </tr> <tr> <td>Total mark</td> <td style="text-align: right;">30,0</td> </tr> </table>	Technical mark	10,0	Artistic mark	10,0	Difficulty mark	10,0	Total mark	30,0										
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Difficulty table	<p>Value of 80 equals 10.0 points (See table in the youth program) plus tolerance value of 10, starting with value of 11, 1.0 points will be taken off.</p> <p>(If elements are performed that excess the possible tolerance of 10 value and are not drawn in the tariff sheet a penalty of 1,0 is given (§15.4 FIG Age Group)).</p>																		
Exercise requirements	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;">Basic requirements:</td> <td style="width: 30%;">1 Element Balance</td> <td style="width: 40%;">Kat 1</td> </tr> <tr> <td></td> <td>1 Element Balance</td> <td>Kat 2</td> </tr> <tr> <td></td> <td>1 Element Balance</td> <td>Kat 3</td> </tr> <tr> <td></td> <td>3 Element Dynamic</td> <td></td> </tr> <tr> <td></td> <td>2 Element Individual</td> <td>Kat 1</td> </tr> <tr> <td></td> <td>2 Element Individual</td> <td>Kat 2</td> </tr> </table> <hr style="border-top: 1px dashed black;"/> <ul style="list-style-type: none"> • At least one tempo element must be a catch. • In the tempo exercise only 2 dismounts are allowed for difficulty. • A maximum of 6 individual elements of each partner are allowed for difficulty. • These 10 elements form the basic requirement. • A penalty of 1.0 will be given for each missing element of the basic requirements. • The size of the floor is 12 x 12 Meters • Maximum allowed time per exercise is 2.30 min. • To reach the maximum number of points, elements from the category balance, dynamic and individual can be used. • Only one combination element will be shown. 	Basic requirements:	1 Element Balance	Kat 1		1 Element Balance	Kat 2		1 Element Balance	Kat 3		3 Element Dynamic			2 Element Individual	Kat 1		2 Element Individual	Kat 2
Basic requirements:	1 Element Balance	Kat 1																	
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<p>Special Requirements</p>	<ul style="list-style-type: none"> • Individual elements <ul style="list-style-type: none"> ○ All partners must show the same number of individual elements. ○ The elements must be taken from the same category and may have different difficulty values. ○ For the difficulty score the average value of all three elements is taken. • Pair/group elements <ul style="list-style-type: none"> ○ 1 catch with tempo elements ○ A maximum of 3 identical start-/end positions with tempo elements get a difficulty value. • A penalty of 1.0 will be given for each missing special requirement and other missing elements. Shown elements that are not part of the table do not count and a penalty of 1.0 will be given
<p>Restrictions W2 / M2 / MX</p>	<hr/> <ul style="list-style-type: none"> ○ In one exercise, the top may get difficulty values for the same position (straddle on two hands) a total of 4 times <ul style="list-style-type: none"> ▪ 2 times as a static hold ▪ 2 times during the motion ○ The base may not repeat the identical motion in the same exercise, regardless of the position of the top. ○ Handstands /straddle – variations for the top can be seen in the table "same elements" ○
<p>W3 / M3</p>	<hr/> <ul style="list-style-type: none"> ○ In one exercise, the top may get difficulty values for the same position (straddle on two hands) a total of 4 times <ul style="list-style-type: none"> ▪ 2 times as a static hold ▪ 2 times during the motion of the middle or the base ○ Identical start and catching positions can be seen in the table "same elements" ○ Handstands /straddle – variations can be seen in the table "same elements" ○
<p>M4</p>	<hr/> <ul style="list-style-type: none"> ○ In one exercise, the top may get difficulty values for the same position (straddle on two hands) a total of 4 times <ul style="list-style-type: none"> ▪ 2 times as a static hold ▪ 2 times during the motion of the middle or the base ○ Identical start and catching positions can be seen in the table "same elements" ○ Handstands /straddle – variations can be seen in the table "same elements" ○ Only one element shown in pairs at the same time or in succession may be used for the difficulty value. There is no further difficulty value for other pair elements.

<p>Start permission</p>	<p>Eligible are:</p> <p>2 Teams from one nation or 2 Teams from one national association or 2 Teams from one region.</p> <p>This start permission also applies to teams that are not associated with FIG or UEG at the moment. The organizer, Hessen's Sports Acrobatics Association, decides on start permissions in agreement with participants. The host is not entitled to refuse start permission.</p> <p>Only sportsmen/women who possess a valid start pass are entitled to start. Participants from Germany also need a valid DSAB start badge.</p> <p>A sportsman/ woman can only start in one competition class in the competition year. Advancement from junior program to other classes is possible. Revertive start of a sportsman/woman from a junior class in competition year is not possible even if the position is changed. Sportsman/woman who has already started in a higher class can, in the following year, start in the junior class when his/her starting position (senior class top partner, in the junior class now bottom partner; middle partner from a group counts as bottom partner) has been changed.</p> <p>After one year without a competition he/she may start again unrestricted in the junior class. The first runner up in each respective discipline will not have start permission in the same position in the following year.</p> <p>Classes whose requirements and elements are more advanced than the requirements of this program count as higher classes. Sportsmen/women who have already started in these classes are not allowed to participate here.</p> <p>All announcements and regulations are only written in English. The English rules are obligated for all part taking participants.</p> <p>The rules and all the elements can be only changed and extended after the year 2009.</p>
<p>Elements</p>	<p>See Element-Book Edition 2009; Date: 01.01.2009; version 1.0</p> <p>Published http://www.hsav.de</p>
<p>Judges</p>	<p>Each nation/national association is to provide at least two judges.</p>



Norbert Müllmann
President
Hessen's Sports Acrobatics Association




Otto Schröder
HSAV Ressort 2
Hessen's Sports Acrobatics Association

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